



Lung Function Request Form

T: 1300 7732 10 (RSDC10)

F: 1300 7732 20 (RSDC20)

W: www.RSDC.com.au

RSDC Ferntree Gully
719 Burwood Hwy
Ferntree Gully Vic 3156

RSDC Wantirna
Suite 2A, Knox Private Hosp
262 Mountain Hwy
Wantirna Vic 3152

Balwyn
55 Whitehorse Rd
Deeppene Vic 3103

| | | | |
|---|---|------------------------------|--|
| Patient Details or Label: | | Clinical Notes: | |
| Name: | | | |
| DOB: | | | |
| Phone: | | | |
| Tests Requested | | Last Haemoglobin: | |
| Spirometry Pre +/- Post Bronchodilator <input type="checkbox"/> | | CC to: | |
| Gas Transfer <input type="checkbox"/> | MIPS/MEPS <input type="checkbox"/> | | |
| FeNO <input type="checkbox"/> | Lung Volumes (Plethysmography) <input type="checkbox"/> | | |
| Oxygen assessment <input type="checkbox"/> <small>(Apply for oxygen supplementation)</small> | 6MWT <input type="checkbox"/> | | |
| Bronchial Provocation Test (mannitol) <input type="checkbox"/> | | Doctor's Name: | |
| Exercise challenge test <input type="checkbox"/> | | Signature: _____ Date: _____ | |
| CPET (Cardiopulmonary exercise test) <input type="checkbox"/> | | | |

Please turn over for test information

Please **STOP** breathing medications prior to test according to table unless you really feel like you need it.

| Medication | Withhold hours |
|--|----------------|
| Salbutamol, Ventolin, Asmol, Atrovent, Bricanyl, Intal, Tilade & Airomir | 6 |
| Symbicort, Seretide, Flutiform, Serevent, Brimica & Bretaris | 12 |
| Spiriva, Seebri, Incruse, Anoro, Breo, Ultibro, Onbrez, Spiolto & Oxis | 24 |

No smoking for at least 6 hours prior to TLCO test.

No food or drink 1 hour prior to the test.

Please also avoid consuming the following foods on the day of the test (if you are being tested for FeNO):

| Vegetables | Fruit | Processed Meats |
|-------------|--------------|-----------------|
| Spinach | Strawberries | Ham |
| Lettuce | Currants | Bacon |
| Beetroot | Raspberries | Salami |
| Celery | Cherries | Sausages |
| Chervil | Gooseberries | |
| Radish | | |
| Turnip tops | | |

Tests are conducted at:

- 719 Burwood Hwy, Ferntree Gully
- Suite 2A at Knox Hospital Consulting Suites, 262 Mountain Hwy, Wantirna
- 55 Whitehorse Rd, Deepdene (Balwyn)

